



Saty?graha

Description

Saty?graha (Sanskrit: ??????????) is a composite lexeme composed of the word satya (meaning "truth") and agraha ("holding firmly to"). It also refers to a virtue in Indian philosophy, referring to being truthful and pure in thought, word and action. In Yoga philosophy, satya is one of five yamas (Sanskrit: ??).

Ahi?s? (???????): Nonviolence

Satya (????): Truthfulness

Asteya (???????): Not stealing

Brahmacharya (????????????): Chastity, marital fidelity, sexual restraint

Aparigraha (????????????): Non-avarice, non-possessiveness

"You assist an evil system most effectively by obeying its orders and decrees. An evil system never deserves such allegiance.

Allegiance to it means partaking of the evil. A good person will resist an evil system with his or her whole soul."

~ Mahatma Gandhi

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